



AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN
(Sponsored by AIMAN EDUCATION AND WELFARE SOCIETY)
Accredited with "A" Grade by NAAC (First Cycle) | Affiliated to Bharathidasan University
Recognized by UGC under section 2(f) and 12(B) | ISO 9001:2015 Certified Institution | K.Sathanur, Tiruchirappalli - 620 021.



**INSTITUTION'S
INNOVATION
COUNCIL**
(Ministry of HRD Initiative)



Internal Quality Assurance Cell (IQAC), IIC, NSS & ARDC (AIMAN RESEARCH DEVELOPMENT CELL)

jointly Organize

Six-Day Management Development Programme (MDP) on "Holistic Health and Wellness Development Programme"

11.04.2026

HDFC life Policy



Mr. P. Ganesh, BSc physics, MBA
Life Insurance Industry
Branch Head, HDFC Life Trichy
**Topic: Life Insurance - Insights
from HDFC Life**

13.04.2026

Nutrition Awareness Session



Mrs. Jasmin Uhanitha
Vice Principal & Head of FSMD
AIMAN College
**Topic: "Healthy Food Habits for a
Long and Disease-Free Life"**

15.04.2026

Free Medical Camp



J. J. Hospital
LIC Colony, KK Nagar, Trichy-21.
**Topic: Blood Test, Sugar Test,
Thyroid Test, Hemoglobin Test,
and Free Medical Consultation.**

16.04.2026

Eye Check-Up Camp



Prime poly clinic
KK Nagar, Trichy-21.
**Topic: Vision screening and
eye health awareness.**

17.04.2026



Mrs. R. Nithya, Physical Directress
Department of Physical Education
Shrimati Indira Gandhi College,
Trichy-2

Topic: "Yoga and Wellness Training"

18.04.2026



**Mr. Sriram M - Psychotherapist
and Movement therapist**

**Topic: "Pressure to pause - Understanding
and Managing Stress Through Creative
Expression"**

Dr. M. Munafur Hussaina
Principal

Venue: Seminar Hall

Time : 10.00 a.m.

Dr. S. Kanagasundari
IQAC Co-ordinator



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ARDC & INTERNAL QUALITY ASSURENCE CELL (IQAC)

CIRCULAR

Ref : ARDC/2025-2026/EVE/002

Date : 06.04.2026

Dear Staff members,

This is to inform that the **6 days MDP** will be conducted in our college from 11.04.2026 – 18.04.2026, **10:00 a.m.** in the **Seminar Hall**. All staff members are requested to attend this valuable programme and enhance their knowledge.

Thank You

To be read all staff members.

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AIMAN COLLEGE OF ARTS &
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TIRUCHIRAPPALLI-620 021.

PRINCIPAL
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AIMAN COLLEGE OF ARTS AND
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TIRUCHIRAPPALLI - 620021



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Ministry of
Education
Government of India



MoE's
INNOVATION CELL
(GOVERNMENT OF INDIA)



INSTITUTION'S
INNOVATION
COUNCIL
(Ministry of Education Initiative)



Six-Day Management Development Program (MDP) – 2026

- | | |
|------------------------------|---|
| 1. Name of the Program | : Holistic Health and Wellness Development Programme (MDP) |
| 2. Date of the Program | : 11 th & 18 th April 2026 |
| 3. Total No. of Participated | : 126 |
| 4. Staff Coordinators | : Dr.S.Kanagasundari, Dr. Alam Jahaan |
| 5. Place | : Seminar Hall |
| 6. Activity Type | : MDP |
| 7. Time | : 10.00 a.m. – 3.00 p.m. |
-

The Six-Day Management Development Programme on “Holistic Health and Wellness Development Programme” was successfully organized by the Internal Quality Assurance Cell (IQAC), Institution’s Innovation Council (IIC), National Service Scheme (NSS), and AIMAN Research Development Cell (ARDC). The programme aimed to promote awareness on physical, mental, and social well-being among students and faculty members through expert sessions, medical camps, and wellness activities.

Day 1 – 11.04.2026

The inaugural day began with a prayer led by Ms. Anees and Dr. Sowmiya, invoking positivity and focus for the sessions ahead. The welcome address was delivered by Dr. Sowmiya, Assistant Professor of English, who emphasized the importance of holistic wellness in personal and professional life.

The resource person, Mr. P. Ganesh, Branch Head, HDFC Life, Trichy, delivered a session on “Life Insurance – Insights from HDFC Life.” He highlighted the role of financial security as an integral part of overall well-being and explained the importance of insurance planning in managing uncertainties and securing the future.

The session concluded with a vote of thanks proposed by Ms. Sivaranjani, Assistant Librarian.

Day 2 – 13.04.2026

The third day of the programme continued with renewed energy and participation. The session began with prayer, followed by the welcome address delivered by Dr. Alam Jahan. The



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highlight of the day was the insightful session by Mrs. Jasmin Uhanitha, Vice Principal and Head of FSMD, AIMAAN College.

Her talk on “Healthy Food Habits for a Long and Disease-Free Life” emphasized the importance of balanced nutrition and mindful eating practices. She explained how unhealthy dietary habits contribute to lifestyle diseases and stressed the need for adopting nutritious and sustainable food choices. The session was highly informative and encouraged participants to make conscious changes in their daily diet for long-term health benefits.

The day concluded with a vote of thanks by Dr. N. Fiverose, who acknowledged the valuable insights shared by the resource person and appreciated the efforts of the organizers.

Day 3 – 15.04.2026

The fourth day of the programme was dedicated to practical health awareness through a Free Medical Camp organized in collaboration with J.J. Hospital, Trichy. The day began with the usual prayer, followed by the commencement of medical services.

The camp provided a range of diagnostic services including blood tests, sugar tests, thyroid tests, and hemoglobin tests. In addition, participants were offered free medical consultations by experienced healthcare professionals. The initiative aimed to promote preventive healthcare and encourage early detection of potential health issues.

The camp witnessed active participation from students and staff, who benefited from the services and gained awareness about their health status. The arrangements were well-coordinated, ensuring smooth functioning throughout the day. The initiative was widely appreciated for its practical contribution to health and wellness.

Day 4 – 16.04.2026

The fifth day focused on eye health and vision care through an Eye Check-Up Camp conducted by Prime Poly Clinic, Trichy. The session began with prayer, maintaining the continuity and discipline of the programme.

The camp provided comprehensive vision screening and created awareness about common eye-related issues. Participants were educated on the importance of regular eye check-ups, proper eye care, and preventive measures to avoid vision problems. The medical team offered valuable guidance on maintaining eye health, especially in the context of increasing screen time in modern lifestyles.

The session was highly beneficial, as it addressed an often-overlooked aspect of health. Participants actively engaged with the medical professionals and gained practical knowledge about preserving their vision and eye health.



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Day 5 – 17.04.2026

The sixth day of the programme emphasized physical and mental well-being through yoga and wellness practices. The session began with prayer, followed by the welcome address delivered by Dr. Priya.

The resource person, Mrs. R. Nithya, Physical Directress, conducted an interactive session on “Yoga and Wellness Training.” She demonstrated various yoga postures and breathing techniques that promote physical fitness, mental relaxation, and emotional balance. The session highlighted the importance of incorporating yoga into daily routines to manage stress and enhance overall well-being.

Participants actively took part in the practical demonstrations, making the session lively and engaging. The day concluded with a vote of thanks by Dr. Vidhya, Assistant Professor of BBA, who appreciated the informative and rejuvenating session.

Day 6 – 18.04.2026

The final day of the programme marked a meaningful conclusion to the week-long initiative. The session began with prayer, followed by the welcome address delivered by Mrs. Imrana, Head of the Department of Psychology.

The resource person, Mr. Sriram M, Psychotherapist and Movement Therapist, delivered a powerful session on “Pressure to Pause – Understanding and Managing Stress through Creative Expression.” He discussed the psychological aspects of stress and introduced creative methods to cope with emotional challenges. The session emphasized the importance of self-awareness, emotional expression, and mental resilience in maintaining overall well-being.

The programme concluded with a vote of thanks proposed by Ms. Gomathi, Assistant Professor of Psychology. She expressed gratitude to all resource persons, organizers, and participants for their contributions to the success of the programme.

Programme Coordination

The programme was efficiently coordinated with dedicated support from faculty members. Prayer sessions were led by Ms. Aneez Fathima and Dr. Sowmiya. Programme communication was handled by Dr. Alam Jahaan. Refreshments were arranged by Dr. Sathya and Mrs. Kaleeswari. Seating arrangements were organized by the NSS team comprising Ms. Ferunisha and Ms. Sabitha. Reception and shawl arrangements were managed by Ms.R.Raazia kathoon, Dr. Vasumathi and. Mrs. Kadar Beevi The Master of Ceremony for the entire programme was effectively handled by Dr. A. Vidhya and Dr. Sowmiya.



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Conclusion

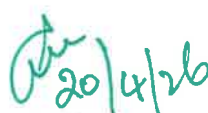
The Six-Day Management Development Programme proved to be a comprehensive and enriching experience, covering various dimensions of health and wellness. Through expert sessions, practical camps, and collaborative efforts, the programme successfully achieved its objective of promoting holistic well-being among participants.

Staff Feedback

The participants expressed high levels of satisfaction with the overall organization and execution of the programme. They appreciated the well-structured sessions, the expertise of resource persons, and the balance between theoretical inputs and practical activities. Staff members highlighted that the programme was highly informative, relevant, and beneficial for both personal and professional development. Many also suggested organizing similar programmes in the future with extended duration and additional hands-on workshops for deeper engagement.


Librarian & IQAC Coordinator

IQAC COORDINATOR
AIMAN COLLEGE OF ARTS &
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TIRUCHIRAPPALLI-620 021.


Principal

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Activity Photo-11.04.2026 and 13.04.2026



Program Started



Chief Guest Explain the plan



Resource Person -Clear the doubt



Second Day Program Started



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13.04.2026 and 15.04.2026



Resource Person-Honour



Resource Person- Speech



Medical Camp Inauguration



Medical Check up



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15.04.2026



Afternoon Session



Doctor-Counselling



Chief Guest-Honour



Group Photo



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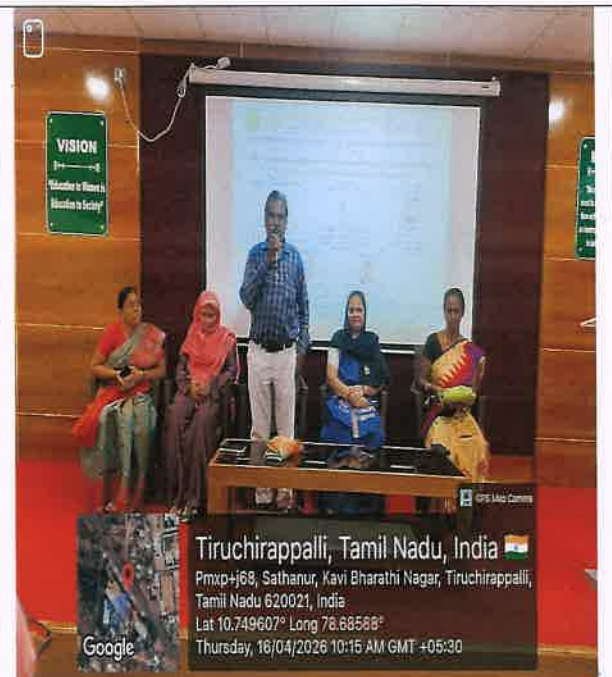
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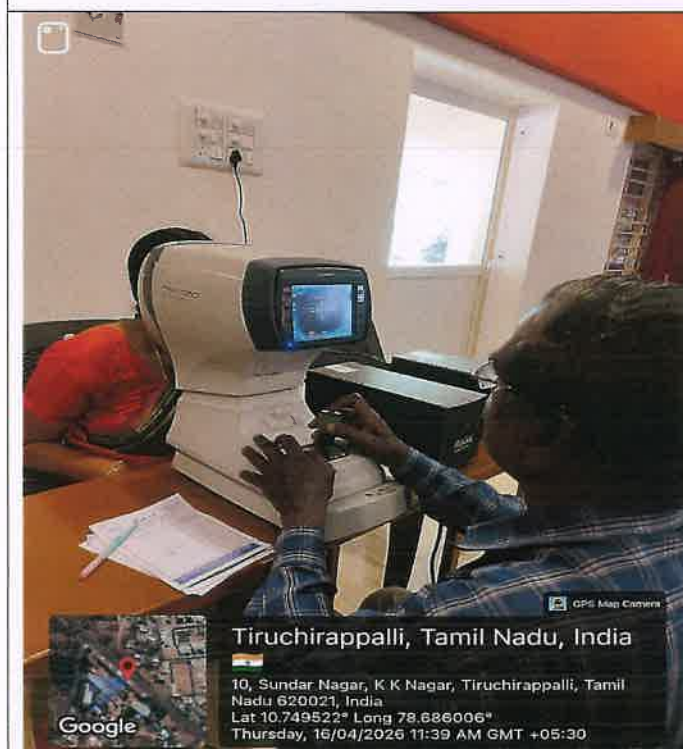
16.04.2026



Eye Camp inauguration



Eye Doctor -Speech



Eye Check up



Eye Check up



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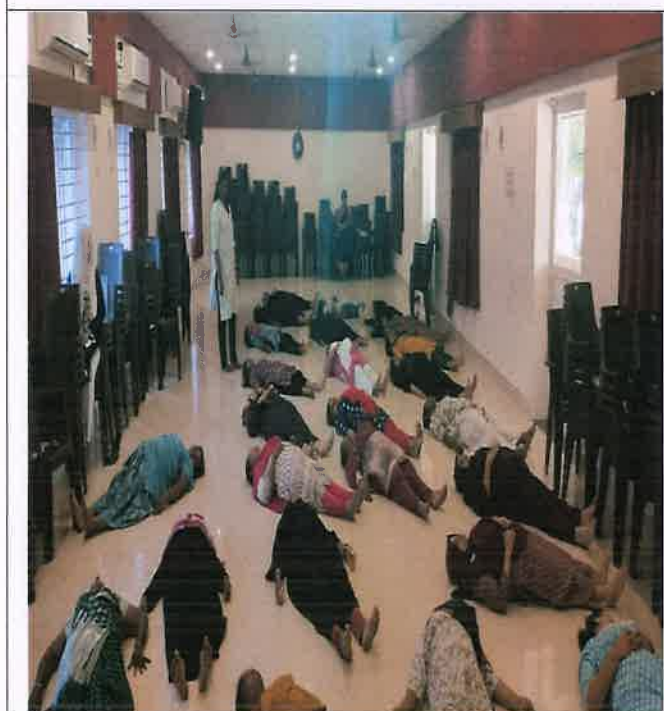
17.04.2026



Resource Person- Excellent Speech



Yoga Practice -1



Yoga Practice -1



Teaching & Non-teaching Group Photo



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18.04.2026



Psychology Program Started



Welcome Address



Psychology –Stress Relief Movement



Group Photo

Librarian & IQAC Coordinator

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20/4/26

Principal
PRINCIPAL

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TIRUCHIRAPPALLI - 62007

S. No	Name of the Staff & Qualification	Department	11.04.2026 (Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
19	Ms. A. Bowjiya Banu M.Com., M.Phil.,	Commerce	Excellent	Excellent	Excellent	Excellent	excellent	excellent	Abi
20	Ms. P. Sudha M.Com., M.Phil.,	Commerce	Good	Good	Good	Good	Good	Good	P. Sudha
21	Ms.R.Annapoorani M.Com, M.Phil.,	Commerce	Good	Excellent	Excellent	Good	Good	Good	P. Annapoornam
22	Dr.Alam Jahaan M.Sc.,M.Phil.,Ph.D	B.Com-CA	Good	Good	Good	Good	Excellent	Good	Dr. Alam
23	Ms.A.Abinaya M.Com (CA)	B.Com-CA	Good	Excellent	Excellent	Excellent	Excellent	Excellent	A. Binaya
24	Ms.R.Mobeen M.Com., M.Phil,	B.Com-CA	Good	Excellent	Excellent	Excellent	Good	Excellent	R. Mobeen
25	Dr.G.Mageshwari M.Com., M.Phil., Ph.D.,	B.Com-CA	Excellent	Good	Excellent	Good	Excellent	Good	G. Mageshwari
26	Ms.A.Rabiathul Basiriya M.Sc.,	BCA	Good	Good	Excellent	Excellent	Excellent	Good	A. Rabiathul
27	Dr.Amudavalli L, MCA, M.Phil., Ph.D.,	BCA	Good	Excellent	Good	Excellent	Excellent	Good	Amudavalli
28	Dr.R.Vasumathi M.Sc.,M.Phil., Ph.D., B.Ed.,	C.Sc	Good	Good	Good	Excellent	Excellent	Excellent	R. Vasumathi
29	Dr.A.Meharaj Begum MCA.,M.Phil.,SET.,NET.,Ph.D.,	C.Sc	Excellent	Good Excellent	Excellent	Excellent	Excellent	Excellent	Dr. A. Meharaj
30	Ms.S.Nafeesa Begam M.Sc.,M.Phil.,	C.Sc	Excellent	Excellent	Excellent	Excellent	Excellent	Good	S. Nafeesa
31	Ms.R.Raazia Khathoon MCA	C.Sc	Excellent	very Good	Excellent	Excellent	Excellent	Excellent	R. Raazia
32	Ms.K.Nandhini M.Sc	AFT	Good	Good	Good	Good	Good	Good	K. Nandhini
33	Ms.B.Aparna Devi M.Sc.,	AFT	Good	Excellent	Excellent	Excellent	Excellent	Excellent	B. Aparna
34	Ms.S.Priyadharshini M.Sc.,	AFT	Good	Excellent	Excellent	Excellent	Excellent	Excellent	S. Priyadharshini
35	Ms. H. Sabitha Begum M.Sc., M.Phil., B.Ed., SET	Maths	Excellent	Good	Excellent	Excellent	Excellent	AAA	H. Sabitha
36	Ms.A.Pappa, MSc.,MPhil.,B.Ed.,	Maths	Excellent	Good	Excellent	Excellent	Good	Good	A. Pappa
37	Ms.C.Priya ,MSc.,MPhil.,B.Ed.	Maths	Good	Good	Good	Good	AAA	Good	C. Priya
38	Ms.P.Sharmila Begum M.Sc., B.Ed.,	Maths	Good	Good	Good	Excellent	Good	Good	P. Sharmila
39	Ms. S.Indhumathi M.Sc.,	N&D	Excellent	Good Excellent	Excellent	Excellent	Excellent	Excellent	S. Indhumathi
40	Ms.G.Kaleeswari M.Sc., B.Ed.,SET.,	N&D	Excellent	Excellent	Excellent	Excellent	Excellent	Excellent	G. Kaleeswari
41	Ms. B. Ranjani M.Sc.,	N&D	Good	Excellent	Excellent	Excellent	Excellent	Excellent	B. Ranjani

S. No	Name of the Staff & Qualification	Department	11.04.2026(Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
43	Ms.A.Swetha M.Sc., NET., SET.,	N&D	Good	Good	Good	Good	Good	Good.	Ms. Swetha
42	Ms.S.Jaya Gayathri M.Sc.,	N&D	Excellent	Excellent	Excellent	Good	Good	Good.	Ms. Jaya Gayathri
44	Ms.T.Syeda Rabiya M.Sc.,	N&D	Good	Good	Good	Good	Good	Knowledgeable	Ms. Syeda Rabiya
45	Ms.S.Leenaa M.Sc.,	N&D	Good	Good	Good	Good	Good	Knowledgeable	Ms. Leenaa
46	Ms.T.Nasreen Banu M.Sc.,M.Phil	Physics	Excellent	Excellent	Good	Good	Good	Good.	Ms. Nasreen Banu
47	Ms.A.F.Imrana M.Sc.,	Psychology	Good	Excellent	Good	Good	Excellent	Good.	Ms. A.F. Imrana
48	Ms.M.Monica M.Sc.,	Psychology	Fair	Good	Excellent	Good	Good	Excellent	Ms. Monica
49	Ms.S. Gomathi Meenakshi M.Sc.,	Psychology	Excellent	Good	Good	Good	Good	Excellent.	Ms. Gomathi Meenakshi
50	Ms.Sithy Farzana MSW	Psychology	Good	Excellent	Good	Good	Good	Good	Ms. Sithy Farzana
51	Ms.M.Shajidha Banu, M.A.,M.Sc.,M.Phil.,DFA., B.Ed.,	Arabic	Excellent	Excellent	Good	Excellent	Good	Good	Ms. Shajidha Banu
52	Ms.Y.Ferunisha M.A, Afzal-ul-ulama., DFA.,	Arabic	Excellent	Excellent	Good	Good	Excellent	Good	Ms. Y. Ferunisha
53	Dr.S.Sathya.,M.A.,M.Phil.,Ph.D., NET	Tamil	Excellent	Good	Excellent	Good	Excellent	Good.	Dr. S. Sathya
54	Dr.R.Vaithegi M.A.,B.Ed.,M.Phil., Ph.D	Tamil	Good	Good	Good	Good	Good	Enjoyable	Dr. R. Vaithegi
55	Dr.T.Priya B.A., B.P.Ed., M.P.Ed., PGDYE., Ph.D.,	Sports	Excellent	Good	Good	Excellent	Excellent	Good	Dr. T. Priya
56	Ms.Sivaranjani MLIS	Library Assit	Excellent	Good	Good	Good	Good	Good.	Ms. Sivaranjani
58	Ms. Aneez Fathima B.A(Mubliga)	IQAC	Good	Good	Good	Good	Good		Ms. Aneez Fathima
59	Ms. M. Kadhar Beevi MCA.,	IQAC	Good	Good	Excellent	Good	Good.	Excellent	Ms. M. Kadhar Beevi


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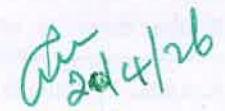

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IQAC , IIC & ARDC - 6Days MDP Programme Attendance Sheet /Feedback Holistic Health and Wellness Development Programme (Non Teaching)	
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S. No	Name of the Staff	11.04.2026(Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
1	Ms.K.Hussain Banu M.A.,	Good	Good	Good	Good	Good	Good	K.Hussain
2	Ms.R.Zabeen M.Com., M.Phil., PGDCA	Good	Good	Good	Good	Good	Good	R.Zabeen
3	Mr.S.Abdul Rahim B.E	Good	Good	Excellent	Good	Good	Good	S.Abdul Rahim
4	Ms.G.Sarala,ACMA, MBA	Good	Good	Good	Good	Good	Good	G.Sarala
5	Ms.S.Mahira, M.Sc.,	Good	V.Good	Good	V.Good	Good	Excellent	S.Mahira
6	Ms.M.Afrose Banu M.Com., CLIS,	Good	Good	Good	Good	Good	Good	M.Afrose
7	Ms. M. Vimala Devi B.Com.,	Good	Good	Good	Good	Good	Excellent	M.Vimala Devi
8	Ms.Kadhar Beevi M, MCA	Good	Excellent	V.Good.	Good.	Excellent	Excellent	Kadhar Beevi
9	Ms.A.Aneez Fathima B.A.,	Good	Good	Good	Good	Good	Excellent	A.Aneez
10	Ms.M.Suseela B.A	V.Good	Good	Good	V.Good	Good	Good.	M.Suseela
11	Ms.R.Prabhavathi DMTTC, B.Sc	Good	V.Good	Good	Good	Good	Good	R.Prabhavathi
12	Ms.P.Sumathi M.Sc, B.Ed							AAA
13	Ms.A.Reema Sabreen B.Sc	Good	Good	Good	Good	Good	Good	A.Reema
14	Ms.P.Mahalakshmi Dip.,	V.Good	Excellent	V.Good	Good	Excellent	Excellent	P.Mahalakshmi
15	Ms.Prabha B.A.,	Good	Good	Good	V.Good	V.Good	Excellent	P.Prabha
16	Ms.M.Firdous B.Sc.,							AAA
17	Ms.B.Karthika BBA	V.Good	V.Good	Good	V.Good	V.Good	V.Good	B.Karthika
18	Ms.Anitha B.Sc.,	Good	Good	Good	Good	Good	Excellent	A.Anitha

19	Ms.M.Kasthuri BCA,	Good	Good	Good	Excellent	Good	Good	M. Kiti
20	Ms.P.Vellaiyammal	Good	V Good	Good	Excellent	V Good	Good	P. Vellaiyammal
21	Ms.A.Rahamath Beevi	V good	good	Excellent	V good	good	V good	good
22	Ms.A.Fathima Beevi	Good	Good	V Good	V Good	Good	Good	A. Fathima
23	Ms.Bhuvaneshwari	Good	Good	Good	Good	Good	Good	Shree 2/17
24	Ms.S.Vidhya	Good	Good	Good	Good	Good	Good	S. Vidhya
25	Ms. Shanthi							AAA

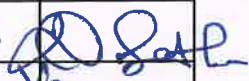

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IQAC , IIC & ARDC - 6 Days MDP Programme Attendance Sheet /Feedback								
Holistic Health and Wellness Development Programme (Muballigah)								
S. No	Name of the Staff	11.04.2026 (Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
1	Ms.C.Firthous Begam, M.Com., MDHT., M.Acu	V.Good	Good	Good	Good	V.Good	V.Good	e.firthous Beg.
2	Ms.A.Raihana Fathima, Aalima	V. Good	V. Good	Good	Good	Good	V. Good	A.Raihana
3	Ms.J.Sabreen Banu, MA., Aalima	Good	Good	Good	V.Good	Good	Good	J.Sabreen
4	Ms.F.Nalira Banu, Aalima	Good	Excellent	Interested	Good	Good	Good	F.Nalira
5	Ms.M.Sumaiya Fathima, MA., AAD..	Excellent	Good	V. Good	Good	V.Good	Excellent	M.Sumaiya
6	Ms. Asliha M.	V. Good	V. Good	V. Good	V. Good	V. Good	Excellent	Asliha M.
7	Ms.Aysha Reenas	Good	Good	Good	V. Good	V. Good	Good	Aysha Reenas


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IQAC , IIC & ARDC - 6 Days MDP Programme Attendance Sheet /Feedback								
Holistic Health and Wellness Development Programme (Maintenance)								
S. No	Name of the Staff	11.04.2026(Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
1	Mr.D.Sathiq Batcha	Good	Good	Excellent	Excellent	Good	Good	
2	Mr.M.Sadiq basha	Excellent	Good	Good	Excellent	Good	Good	
3	Mr.Karuppaiya	Good	Good	Good	Good	Good	Good	
4	Mr.Subramani	Good	Good	Good	Good	Good	Good	


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IQAC , IIC & ARDC - 6 Days MDP Programme Attendance Sheet /Feedback

Holistic Health and Wellness Development Programme (Drivers)

S. No	Name of the Staff	11.04.2026(Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
1	Mr.Perumal Kumar	Attending	Attending	Attending	Attending	Attending	Attending	M. Perumal
2	Mr.A.Murugaiya	Attending	Attending	Attending	Attending	Attending	Attending	A. Murugaiya
3	Mr.P.Durai Karuppusamy	Attending	Attending	Attending	Attending	Attending	Attending	P. Durai Karuppusamy
4	Mr.S.Arockia Samy	Attending	Attending	Attending	Attending	Attending	Attending	S. Arockia Samy
5	Mr.S.Alagarsamy	Attending	Attending	Attending	Attending	Attending	Attending	S. Alagarsamy
6	Mr.C.Sheela Jothi Krishnan	Attending	Attending	Attending	Attending	Attending	Attending	C. Sheela Jothi Krishnan
7	Mr.M.Gangamoorthy	Attending	Attending	Attending	Attending	Attending	Attending	M. Gangamoorthy
8	Mr.K.Ilario	Attending	Attending	Attending	Attending	Attending	Attending	K. Ilario
9	Mr.S.Krishna Moorthy	Attending	Attending	Attending	Attending	Attending	Attending	S. Krishna Moorthy
10	Mr.A.Saghaya Raj	Attending	Attending	Attending	Attending	Attending	Attending	A. Saghaya Raj
11	Mr.S.Panneer Selvam	Attending	Attending	Attending	Attending	Attending	Attending	S. Panneer Selvam
12	Mr.Kumar	Attending	Attending	Attending	Attending	Attending	Attending	K. Kumar
13	Mr.D.Mathy Alagan	Attending	Attending	Attending	Attending	Attending	Attending	D. Mathy Alagan
14	Mr. K. Silaiyappan	Attending	Attending	Attending	Attending	Attending	Attending	K. Silaiyappan

S. Kumar
IQAC COORDINATOR
AIMAN COLLEGE OF ARTS &
SCIENCE FOR WOMEN
TIRUCHIRAPPALLI-620 021.

26/04/26
PRINCIPAL
AIMAN COLLEGE OF ARTS AND
SCIENCE FOR WOMEN
TIRUCHIRAPPALLI - 620005

IQAC , IIC & ARDC - 6 Days MDP Programme Attendance Sheet /Feedback
Holistic Health and Wellness Development Programme (Sweepers))

S. No	Name of the Staff	11.04.2026(Day 1)	13.04.26 (Day 2)	15.04.26 (Day 3)	16.04.26 (Day 4)	17.04.26 (Day 5)	18.04.26 (Day 6)	Signature
1	Ms.B.Kala	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	B. Kala
2	Ms.P.Sumathi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	P. Sumathi
3	Ms.M.Sirai Selvi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	M. Sirai Selvi
4	Ms.S.Manonmani	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	S. Manonmani
5	Ms.R.Marikkannu	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	R. Marikkannu
6	Ms.Tamilarasi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	T. Tamilarasi
7	Ms.K.Kamatchi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	K. Kamatchi
8	Ms.R.Chithra	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	R. Chithra
9	Ms.S.Chithra	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	S. Chithra
10	Ms.V.Ramya	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	V. Ramya
11	Ms.I.Gomathi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	I. Gomathi
12	Ms.S.Anjala Devi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	S. Anjala Devi
13	Ms.A.Pappathi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	A. Pappathi
14	Ms.M.Sumathi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	M. Sumathi
15	Ms.K.Suseela	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	K. Suseela
16	Ms.Lakshmi	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	L. Lakshmi
17	Ms.J.Jaya	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	J. Jaya
18	Ms.Arockia Mery	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	நன்றி	A. Mery